

## DEPARTMENT OF HEALTH AND HUMAN SERVICES

## BEHAVIORAL HEALTH AND RECOVERY SERVICES

Promoting and protecting health, well-being, self-sufficiency, and safety of all in Marin County.



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Toby Ewing
Executive Director
Mental Health Services Oversight and Accountability Commission
1325 J St., Suite 1700
Sacramento, CA 95814

Dear Mr. Ewing,

This letter is to express Marin County Department of Health and Human Services, Behavioral Health and Recovery Services' enthusiastic support of its MHSA Innovation proposal: *Utilizing Technology to Increase Access to Mental Health Services and Supports for Older Adults in Marin County.* The proposal was developed after a nine-month community planning process involving consumers, family members, providers and other stakeholders. As a county of 261,000 people, this provides a rare opportunity to partner with counties across the State to learn a great deal about how to utilize technology in mental health services with each county targeting different populations and using different implementation strategies. Our community stakeholders are excited about the in depth and informative evaluation this unique set-up will allow for. Stakeholders identified a need for additional mental health resources to support the growing older adult community in Marin County and expressed interest in enhancing access to technology that could provide supports for older adults exhibiting signs of mental illness.

With a focus on reaching older adults that are underserved because of geographic, cultural or economic barriers, this project will aim to expand access and linkage to mental health resources and reduce stigma associated with seeking treatment. The groups, chat rooms and evidenced based tools available through the technology "suite" will bring supports to Marin County older adults and their caregivers that they may not otherwise have access to. This proposal was presented to Marin's MHSA Advisory Committee, the Commission on Aging and the Mental Health Board and was well received by committee members and other attendees.

Marin County is hopeful that we will have the opportunity to present our proposal in more detail to the MHSOAC in the coming months and we look forward to continued collaboration with your office, our community stakeholders and other counties as this exciting project unfolds.

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Sincerely,

Jei Africa, PsyD, MSCP, CATC-V, Director Department of Health and Human Services Behavioral Health and Recovery Services